



**Summit
Travel**

Your Specialist for Adventures, Trekking, Expeditions and Climbing.



Mount Kenya Climb Equipment List

Here is the list of your personal equipment that you will need for the Mount Kenya Climb trip. This recommendation is valid for:

SummitClimb: Mount Kenya climbing trip, Batian climb.

Categories: Moderate trekking, guided climbing (alpine), 5200m.

Temperatures: -10°C / with wind-chill factor down to - 25°C.

General items:

- 1 Backpack to carry yourself (30-45 litres)
- 1 Large backpack (65+ litres) or a large travel bag (60-80 litres)
- 1 Small bag for deposit in the hotel
- Passport +1 copy.
- Insurance certificate for accident, recovery and travel abroad.
- Cash (USD or EUR)
- Credit card
- 1 Small first aid kit with personal medication

General travel items:

- Comfortable shoes
- Sandals
- Swimming suit
- Set of travel clothes

Important small items:

- 1 Hygiene bag + its contents
- 1 Soap
- 1 Small towel
- 1 Pair of sunglasses
- 1 Sunscreen (min. F20)
- 1 Sunscreen lipstick (min. F20)
- 1 Mosquito spray
- Knife, multitool
- Entertainment: music / good book
- Approx. 1-2 kg personal good-tasting snacks (energy bars, etc.)
- 1 Headlamp
- 1-2 Spare batteries
- 1 Pair of glacier goggles

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- 1 Thermally insulated water bottle

Trekking / Acclimatization (temperature range from +30°C to - 10°C for day and night):

- 1 Pair of hiking shoes: already tested and comfortable!!!
- 1 pair of gaiters (optional, otherwise flush-fitting trousers)
- 3 Pairs of hiking socks: polypropylene or wool, warm
- 2-3 Pairs of underwear
- 2 Breathable T-shirts (short-sleeved)
- 1 Breathable shirt (long-sleeved)
- 1 Pair of breathable trousers
- 1 Warm hat
- 1 Pair of wind / waterproof gloves
- 1 Pair of lightweight gloves
- 1 Pair of wind / waterproof trousers
- 1 Wind/waterproof jacket
- 1 Warm jumper
- 1 Down jacket with down hood (optional), otherwise warm jacket
- 1 Sleeping bag warm (min. down to -15C)*
- 1 Insulation mat
- 1 Pair of telescopic poles

Climbing equipment:

- 1 Climbing harness
- 2 Screw carabiners (at least one of them HMS)
- 2 Simple carabiners
- 1 Descender device or ATC
- 2 Long slings, 1 Prusik sling
- 1 Climbing helmet*
- Optional: climbing shoes*
- Optional: chalk bag
- 1 Ice axe
- 1 Pair of light crampons*

*If requested in time, these items can be rented.

Gear service: <https://www.summitclimb.de/en/service/ausruestung>

Group equipment:

Provided by SummitClimb: Tents, one sleeping tent per two participants (single tent possible, but colder), large group tent, eating utensils, kitchen equipment and kitchen tent (for the cook), full first-aid kit with high-altitude medication, and a satellite phone for emergency communication.

Climbing equipment - Mount Kenya: SummitClimb has a warehouse in Nairobi with ropes and hardware for climbing. Climbing ropes (2x60m half ropes, 80m single rope), clamping equipment (friends...), fixed ropes (100m+), carabiners, express slings and the equipment for the guides.

Equipment List: Mount Kenya Climb



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