



SummitClimb

## Gear List: Aconcagua Climb

For our expedition to Aconcagua you will need your own personal equipment. The climate there can be very hot and dry on the approach while high winds, low temperatures and altitude can make the summit climb strongly exposed.

- **SummitClimb expedition:** Aconcagua normal route
- **Characteristic:** High altitude, 7000m, expedition-style trekking
- **Temperatures:** down to - 25°C / - 17° F (with wind-chill - 40°C / - 40°F)

### General items:

- Passport
- Rescue and health insurance policy, emergency number
- Cash, credit card
- 1 small first aid kit with personal medication
- Pass + Kopie, 1 extra Passbild.

### Trek to Base Camp (4.260m):

- 1 large travel bag (approx. 100 to 140l, up to 20kg weight) for transfer to BC
- Trekking shoe / trail shoes
- Cloth (for trekking) for +30°C / sunny to - 5°C / cloudy, windy and rain/snow
- especially 1 waterproof breathable jacket
- especially 1 waterproof breathable pants
- Isolation mattress (or 2, Aconcagua has very stony terrain)
- Warm sleeping bag (-20°C comfort zone) like Mountain Equipment Iceline
- small backpack for daily cloth, drinks, snacks
- optional: trekking poles

important "small items" to remember (trek and partly for ascent):

- small toiletry bag and its content
- small towel (easy dry)
- Sunglasses, glacier glasses

SummitClimb - Aconcagua Gear

Personal equipment needed to climb Aconcagua - Expedition, high altitude trekking

- Sun hat
- sun cream / blocker (min. F50)
- sun protection lipstick (min. F50)
- headlamp
- toilet paper
- personal entertainment: Book, phone, camera, music

### Cloth, shoes for Aconcagua ascent:

- Warm expeditions shoes (necessary with inner/outshoes) – recommended types:  
8000m-boots like Millet Everest, Lowa 8000m, La Sportiva Olympus Mons
- 1 warm hat
- 1 face mask against wind and cold
- 1 pair of expedition mittens down incl. thin undergloves (e.g. Polartec)
- 1 pair of warm finger gloves waterproof
- 1 pair of light finger gloves
- functional underwear
- 2 functional shirts (short-sleeved)
- 2 functional shirts (long-sleeved)
- 1 fleece jacket/soft shell
- 1 expedition down jacket with down hood\*
- 1 pair of insulated pants (e.g. Polartec or down)\*  
\*optional: down suit like the Black Yak Watusi expedition suit, very warm but less flexible
- 1 wind/waterproof over-trousers (can be the one used on approach trek to BC)
- 1 wind/waterproof jacket (can be the one used on approach trek to BC)
- 3 pairs of warm expedition socks (polypropylene or wool)

### Hardware for the Aconcagua ascent:

- 1 ice axe (light weight)\*
- 1 pair of crampons\*
- 1 pair of poles (can be the ones used on approach trek to BC)
- 1 helmet (against rockfall / icefall)\*

\*Aconcagua normal route and trekking generally has little rockfall, but it can occur. Please bring a helmet with enough space for a warm hat. Crampons and ice axe may be necessary. Bringing these items (or renting them in Mendoza) is mandatory for your participation.

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Personal equipment needed to climb Aconcagua - Expedition, high altitude trekking