



**Summit  
Travel**

Your Specialist for Adventures, Trekking, Expeditions and Climbing.



**SummitClimb**

## **Expedition Carstensz Pyramid - Punack Jaya Equipment List**

For our expedition to Carstensz Pyramid you will need your own personal equipment. The climate around the first camp (landing in Yellow Valley camp, near Meren lakes, 3.900m) and base camp (4.300m high) can be cold and wet due to the high altitude and tropical location. It can have ice and snow during the climb. During sunny good weather you can relax in T-shirt at 4.000m height but it is important to be prepared for all conditions.

Temperatures can go down to -5°C with wind chill factor down to -15°C.

### **General items\*:**

- Passport
- Covid-19 certificate (
- Rescue and health insurance policy for your stay
- Cash (USD or EUR)
- Credit card
- 1 small first aid kit with personal medication

\*we will deposit some of these items safely on Papua and only travel with the necessary military/police permits

### **Travel items that we will deposit in the hotel in Timika, Papua:**

- 1 large travel bag (approx. 120 litres)
- Travel clothes (for the flight and return journey)
- Beach clothes and swimming suits (for rest days, reserve days)
- Clothes for the “city” stay
- Additional items such as creams, shower gels etc.

### **Base Camp - Flight In / Out:**

Please try to reduce to minimum your equipment for the flight to/from base camp. We plan with 15kg personal equipment per person that can be carried in your travel bag / backpack:

- Sleeping bag - up to minus 5°C comfort range
- Isolation mattress (Therm-A-Rest, OK as sandy grounds at base camp)
- 1 pair of light trekking shoes (ideally with Gore-Tex, waterproof)
- 2 long elastic trekking trousers (easy dry)

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- 2 long-sleeved trekking shirts (easy dry)
- 1 light jacket/jumper (easy dry)
- 1 wind/waterproof jacket
- 2 pairs of trekking socks
- Breathable underwear
- Warm head cap
- Cap for sun protection
- small Umbrella / rain poncho
- Optional: Trekking poles

Important “small items” for the mountain:

- Small hygiene bag and its content
- Small towel (easy dry)
- Sunglasses / Glacier Glasses
- Sun cream (min. F30)
- Sun protection lipstick (min. F20)
- Headlamp
- Toilet paper

#### **Climb Puncak Jaya / summit push gear:**

- Small backpack (around 30 liters)
- 1 pair of gloves (warm)
- 1 pair of lightweight gloves (fleece or polyester) with good handling for climbing
- 1 additional pair of gloves (in wet conditions)
- Underwear (long underwear in case of cold weather, socks, t-shirt)
- Wind/waterproof Jacket / Trousers (same as for base camp)
- 1 warm jacket (light down or permaloft)

Technical gear:

- 1 alpine climbing harness
- 2 screw carabiners (of which at least 1 HMS)
- 2-3 simple carabiners
- 2-3 long slings
- 1 Jumar (ascender) and its fastening
- Descender device (figure eight, ATC)
- 1 climbing helmet

#### **Group material:**

We provide mountain equipment for the group: 2-man light tents, base camp group tent, cooking equipment, crockery, complete catering, group ropes, emergency pharmacy, safety ropes (new fixed lines available, about 200m planned, plus twin-ropes for alpine climbing, mid-sized rack).

Equipment List: Carstenz Pyramid – Puncak Jaya – Helicopter Expedition



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