



SummitClimb

Gear List: Aconcagua Climb

For our expedition to Aconcagua you will need your own personal equipment. The climate there can be very hot and dry on the approach while high winds, low temperatures and altitude can make the summit climb strongly exposed.

SummitClimb expedition: Aconcagua normal route

Characteristic: High altitude, 7000m, expedition-style trekking

Temperatures: down to - 25°C / - 17° F (with wind-chill - 40°C / - 40°F)

General items:

- Passport
- Rescue and health insurance policy, emergency number
- Cash, credit card
- 1 small first aid kit with personal medication
- Pass + Kopie, 1 extra Passbild.

Trek to Base Camp (4.260m):

- 1 large travel bag (approx. 120l, up to 19kg weight)
- Cloth for +30°C / sunny to - 5°C / cloudy, windy and rain/snow
- Especially 1 waterproof breathable jacket
- Especially 1 waterproof breathable pants
- Trekking cloth
- Isolation mattress (or 2, Aconcagua has very stony terrain)
- Warm sleeping bag (-20°C comfort zone) like Mountain Equipment Iceline
- trekking poles
- small backpack for daily cloth, drinks, snacks

important “small items” to remember (trek and partly for ascent):

- small toiletry bag and its content
- small towel (easy dry)
- Sunglasses, glacier glasses
- Sun hat
- sun cream / blocker (min. F50)
- sun protection lipstick (min. F50)
- headlamp
- toilet paper
- personal entertainment: Book, phone, music.

SummitClimb – Aconcagua Gear

Personal equipment needed to climb Aconcagua – Expedition, high altitude trekking

Cloth, shoes for Aconcagua ascent:

- Warm expeditions shoes
type "8000m like Millet Everest, Lowa 8000m, La Sportiva Olympus Mons
 - 1 warm hat
 - 1 face mask against wind and cold
 - 1 pair of expedition mittens down incl. thin undergloves (e.g. Polartec)
 - 1 pair of warm finger gloves waterproof
 - 1 pair of light finger gloves
 - functional underwear
 - 2 functional shirts (short-sleeved)
 - 2 functional shirts (long-sleeved)
 - 1 wind/waterproof jacket (e.g. Gore Tex – can be the one used on approach trek to BC)
 - 1 fleece jacket/soft shell
 - 1 expedition down jacket* with down hood
 - 1 pair of long pants* (e.g. Polartec)
 - 1 wind/waterproof over-trousers (e.g. Gore Tex– can be the one used on approach trek to BC)
 - 1 pair of down trousers
 - 3 pairs of warm expedition socks (polypropylene or wool)
- *you can use a down suit like the Black Yak Watusi expedition suit

Hardware for the Aconcagua ascent:

- 1 ice axe (light weight)*
- 1 pair of crampons*
- 1 pair of poles (can be the ones used on approach trek to BC)
- 1 helmet (against rockfall / icefall)"

*Aconcagua normal route and trekking generally has little rockfall, but it can occur. Please bring a helmet with enough space for a warm hat. Crampons and ice axe may be necessary. Bringing these items (or renting them in Mendoza) is mandatory for your participation.

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