



**Summit
Travel**

Your Specialist for Adventures, Trekking, Expeditions and Climbing.



Alpamayo & Huascarán Equipment List

The following equipment list is a guideline for every participant of our full-service expedition to Alpamayo and Huascarán in the Cordillera Blanca, Peru. If you have any questions, please contact us.

Temperatures: down to -20°C / with wind-chill factor down to -35°C

Categories: Expedition 6000m, technically medium difficult.

General items:

- 1 backpack (45-60 litres) to carry on the mountain
- 1 large robust travel bag (duffel bag) with lock (80-100 Liter)
- 1 additional small bag with lock (for hotel depot)
- 1 small first aid kit with personal medication
- Passport + copies
- Insurance certificate: accident, rescue and foreign health insurance
- Cash, visa card
- 2 additional passport pictures

Arrival to Huaraz (3050m):

- Clothing for temperature range $+30^{\circ}\text{C}$ to -5°C
- Trekking shoes / light mountain boots
- Sandals/Crocs
- Swimming suit

Important small items:

- 1 hygiene (toiletry) bag + contents
- 1 soap
- 1 small towel
- 1 pair of sunglasses
- 1 large sunscreen (at least factor 20)
- 1 x sunscreen lipstick (at least factor 20)
- Optional: knife, multitool,
- Optional: MP3 player or iPod, music, a good book
- Optional: camera incl. SD cards and spare battery

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Expedition equipment - sleeping, clothing, shoes:

- 1 warm sleeping bag (comfort range approx. -20°C)
- 1 insulation mat
- 1 warm hat
- 1 face mask against wind and cold
- 1 pair of warm finger gloves water- and windproof (optimal down)
- 1 pair of light finger gloves (fleece or polyester)
- 2 functional shirts (short-sleeved)
- 2 functional shirts (long-sleeved)
- 1 wind/waterproof jacket (e.g. Gore Tex)
- 1 fleece jacket/soft shell
- 1 expedition down jacket with down hood
- 2 functional underwear
- 1 pair of breathable long expedition pants (long underpants, e.g. Polartec)
- 1 wind/waterproof overtrousers (e.g. Gore Tex)
- 1 pair of fleece trousers (optional down trousers)
- 3 pairs of warm expedition socks (polypropylene or wool)
- 1 pair of warm expedition shell shoes: Koflach Arctis, Asolo, Scarpa, Millet Everest...
- 1 atmungsaktive Expeditions-Hose (lange Unterhose)
- 1 pair of gaiters (if not already integrated in boot/pants)

Expeditionsausrüstung - Wichtige Kleinigkeiten:

- 1 headlamp + 2 x spare batteries
- 1 pair of glacier goggles
- 1 pair of storm goggles/ski goggles
- 1 thermos bottle (min. 1 litre)
- 1 urine bottle (min. 1 litre, large opening)
- 1 sun cream (optimal factor 30)
- 1 lipstick (sun protection factor 30)
- 2 kg of personal good-tasting snacks (energy bars, etc.)
- 3-5 freeze-dried favourite meals (for evening meals in high camp)
- 1 lightweight cutlery (cup, spoon and fork)

Expedition equipment - mountaineering:

- 1 climbing harness (light, adjustable leg loops)
- 1 helmet (against rockfall / icefall)
- 3 screw carabiners (at least 1 of which is HMS)
- 1 descender device (figure 8 better than ATC when used on fixed ropes)
- 2 simple carabiners
- 1 ice screw
- 1 ascender / Jumar
- 1 short, 1 long Prusik sling
- 1 daisy Chain, Y-Sling (or 8mm – 2m sling)
- 3 ice axes (1 medium-length all-round ice axe for Huascarán, 2 ice tools for steeper Alpmayo)
- 1 pair of crampons (incl. cleats)
- 1 pair of telescopic poles

Equipment list: Alpmayo & Huascarán

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SummitClimb group equipment:

SummitClimb stellt die gesamte Gruppenequipment für das Trekking und die Basislager (Aufenthaltszelt, Küchenzelt, 1 Zelt je 2 Teilnehmer), Hochlager (1 Zelt für 2 Teilnehmer), Kocher, Gas, einfaches Essen und gekochtes Wasser, Fixseile und sämtliches Fixermaterial, Gletscherseile, umfangreiche Notfallapotheke, Radio-System (5-Watt UVF/VHF) und Satellitentelefon.

SummitClimb provides all group equipment for trekking and base camps (lounge tent, kitchen tent, 1 tent per 2 participants), high camps (1 tent for 2 participants), stove, gas, basic food and boiled water, fixed ropes and all group material, glacier ropes, extensive emergency first aid kit, radio system (5-watt UVF/VHF) and satellite phone.

Equipment rental :

If needed, some items can be purchased or rented through us at discounted rates by participants of our trips. See details about our material service and rental under:

<https://www.summitclimb.de/en/service/ausruetzung>

